



# City of Kansas City, Missouri

## Docket Memo

Ordinance/Resolution #

Submitted Department/Preparer: Health

Docket memos are required on all ordinances initiated by a Department Director. More information can be found in [Administrative Regulation \(AR\) 4-1](#).

### Executive Summary

Accepting and approving a one year \$269,601.00 grant with the Missouri Department of Elementary and Secondary Education that provides funding for the Nurse Family Partnership Program; and designating requisitioning authority.

### Discussion

The Nurse-Family Partnership program is an evidence-based, community health program that serves high-risk, low-income, first-time mothers. Each mother served by the NFP Program is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Currently, the department's NFP consists of five Public Health Nurses and one Public Health Nurse Supervisor. The maximum caseload for each nurse is 25 clients.

The goals of NFP Program are to:

1. Improve pregnancy outcomes by partnering with moms to engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing any use of habit-forming substances;
2. Improve child health and development by assisting families to provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by supporting parents to develop a vision for their own future, plan additional pregnancies, continue their education and find work.

This funding will allow the Health Department's NFP Program (Building Blocks Program) to continue to serve high-risk, low-income, first-time mothers who reside in Cass, Clay, Jackson, Johnson, Lafayette, Platte, and Ray counties.

### Fiscal Impact

1. Is this legislation included in the adopted budget?  Yes  No

2. What is the funding source?

The funding Source is going to be the 2480 fund – the Health Grants Fund.

3. How does the legislation affect the current fiscal year?



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The Funds for this legislation were previously budgeted.

- 4. Does the legislation have fiscal impact in future fiscal years? Please notate the difference between one-time and recurring costs.

No.

- 5. Does the legislation generate revenue, leverage outside funding, or deliver a return on investment?

This legislation leverages outside funding from the Missouri Department of Elementary and Secondary Education

### Office of Management and Budget Review

(OMB Staff will complete this section.)

- 1. This legislation is supported by the general fund. [ ] Yes [x] No
2. This fund has a structural imbalance. [ ] Yes [x] No

### Additional Discussion (if needed)

N/A

### Citywide Business Plan (CWBP) Impact

View the FY23 Citywide Business Plan

Which CWBP goal is most impacted by this legislation?

Housing and Healthy Communities (Press tab after selecting.)

Which objectives are impacted by this legislation (select all that apply):

- [ ] Maintain and increase affordable housing supply to meet the demands of a diverse population
[ ] Broaden the capacity and innovative use of funding sources for affordable housing
[ ] Invest in neighborhood stabilization and revitalization to reduce blight, ensure sustainable housing, and improve the wellbeing of residents while sustaining their diverse cultures
[ ] Ensure all occupants of residences have quality, efficient, and healthy housing with minimal economic or regulatory barriers



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- Address the various needs of the City's most vulnerable population
- Utilize planning approaches to improve the City's neighborhoods

### Prior Legislation

N/A

### Service Level Impacts

Many public health programs are funded based upon the need of the community and the impact upon individual citizens and high-risk groups. The NFP block grant is designated to establish and maintain service coordination that address healthy outcomes for women, children, and their families. Promoting economic vitality, social equity, and environmental quality in addressing public health initiatives is often dependent upon federal, state and local funding; however, the goal of these programs is to promote and protect all citizens of Kansas City on a continuing, ongoing and sustainable.

### Other Impacts

1. What will be the potential health impacts to any affected groups?

During the 2022-2023 fiscal year, the KCMO NFP program has had the following client outcomes: 3% preterm birth rate, 92.5% breastfeeding initiation rate, 100% immunization rate at 12 and 18 months, 85% high school diploma/ GED attainment at 24 months postpartum.

2. How have those groups been engaged and involved in the development of this ordinance?

This program has been active in the community for a number of years. The Missouri Department of Elementary and Secondary Education completes annual client satisfaction surveys with all clients enrolled in the NFP program.

3. How does this legislation contribute to a sustainable Kansas City?

A 2005 RAND Corporation analysis found a net benefit to society of \$34,148 (in 2003 dollars) per higher-risk family served, with the bulk of the savings accruing to government, equating to a \$5.70 return for every dollar invested in Nurse-Family Partnership.

Karoly, L., Kilburn, M. R., Cannon, J. Proven results, future promise. RAND Corporation 2005.

When families participate in the Nurse-Family Partnership program, not only are there quantifiable savings for government programs or statistical positive effects, but real-life



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families are getting the assistance and knowledge needed to achieve the future they want for themselves.

4. Does the ordinance/resolution include Civil Rights antidiscrimination requirements in compliance with the Code of Ordinances (Chapter 38, titled "Civil Rights")?

Yes.

5. Has the ordinance/resolution been submitted for review of economic equity & inclusion requirements in compliance with the Code of Ordinances (Chapter 3, titled "Contracts and Leases")?

N/a.