

<b>Title: Healthier Vending Policy</b>	
<b>AR No. 3-28</b>	<b>Approved by: City Manager Troy Schulte</b>
<b>Effective Date: 01-01-14</b>	

**1.0 PURPOSE:**

To establish the policy for implementing the healthier vending initiative for vending machine food and beverages.

**2.0 ORGANIZATIONS AFFECTED:**

All Departments/Divisions.

**3.0 POLICY:**

The City shall abide by the “KCMO Healthier Vending Initiative” presented to and approved by the Healthcare Trust on August 26, 2013.

3.1. Any contract for vending machine services at City facilities shall comply with the minimum requirements contained in this Administrative Regulation 3-28.

3.2. Any Request for Proposals (RFP) or Invitation for Bids (IFB) for vending machine services at City facilities must include the minimum requirements contained in this Administrative Regulation 3-28 derived from the KCMO Healthier Vending Initiative.

3.3. Vending machines at City Facilities shall, at a minimum, be comprised of food and/or beverages that comply with the following:

3.3.1. Beverages

One hundred percent (100%) of beverages offered for sale in a vending machine must be one or a combination of the following:

1. Water, including carbonated water (no added caloric sweeteners);
2. Beverages that contain 100% fruit or fruit juice combined with water or carbonated water (limited to a 12 ounce container with no added caloric sweeteners);
3. Fat-free or 1% low-fat dairy milk or calcium and Vitamin-D fortified milk alternative (e.g. rice, soy, almond) with less than 200 calories per container;
4. 100% Vegetable juice (limited to a maximum of 12-ounce container with no added caloric sweeteners and less than or equal to 200 mg of sodium per container;

5. Low calorie beverages that are less than or equal to 40 calories per container with no added herbal stimulants.

### 3.3.2. Snack Foods

At least 60% of snacks offered for sale in a vending machine shall meet all the following criteria:

- 1) Contain no more than 250 calories per snack item;
- 2) Consist of no more than 35% of its total calories from fat, with the exception of packages that contain 100% nuts and seeds. Snack mixes that contain components other than nuts and seeds must have no more than 35% of total calories from fat;
- 3) Consist of no more than 10% of its calories from saturated fat, with the exception of packages that contain 100% nuts and seeds. Snack mixes that contain components other than nuts and seeds must have no more than 10% of calories from saturated fat;
- 4) Contain 0 grams of trans fat;
- 5) Contain no more than 35% of its total weight from sugar, with the exception of:
  - a) fruits and vegetables that do not contain added sweeteners or fats;
  - b) yogurt that contains no more than 30 grams of total sugars per 8-ounce container (and adjusted proportionally for smaller containers);
- 6) Contain no more than 270 mg sodium per serving.
- 7) At least one item meeting the above-listed nutrition standards in each vending machine shall also meet the FDA definition of "low sodium," meaning containing no more than 140 mg of sodium per serving.
- 8) Sugarless chewing gum may be sold without having to meet the above-listed nutrition standards.

### 3.3.3. Entrées

At least 50% of entrée-type foods (e.g. sandwich, burritos, pizza, burgers) must meet all of the following criteria:

- 1) No more than 500 calories per item as offered (per package)
- 2) No more than 35% of calories from fat
- 3) No more than 10% calories from saturated fat
- 4) No trans fat
- 5) No more than 35% total weight from sugar
- 6) No more than 480 mg sodium per item as offered (per package)

#### 3.4. Applicability

The KCMO Healthier Vending Initiative shall not apply to concessions agreements nor shall it apply to vending machines that are serviced under contracts that were executed prior to the effective date of this Administrative Regulation.