From:	Holly Trouville
To:	Public Testimony
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Good morning,

My name is Holly Trouville and I lost my only child, my 25 yr old son Tyrell to Mitragynine toxicity, Kratom, on Feb. 6th, 2024. This was my son's sole cause of death, with no secondary causes, and solely ruled an accident. An autopsy had to be done as they did not know his cause of death. I have attached a copy of his death certificate so you can see for yourself. Tyrell was the light of my life. He had a beautiful smile and lit up any room he entered. He died from drinking Kratom seltzers he bought mainly at a Kava bar in Florida.

Tyrell was born, raised, educated, in Mass until he moved to Florida in 2020. I still reside in Mass and have been a high school teacher for the last 20 years. I have dedicate the last 22 months trying to save another parent from the immeasurable pain I feel on a daily basis. Massachusetts has banned ALL Kratom in ten towns/cities in the last 10 months, with many more having meetings about banning.

As you are aware, many Kratom advocates say people do not really die from Mitragynine toxicity, even though the death certificate may state it. They say they probably had other things in their system. That may be true for some and that, in and of itself, should be most concerning for the public and any health doctor or advisor. Due to there being no federal regulations, oversight, nor FDA approval, we do not know if mixing anything with Kratom, even something such as Benadryl or prescription medicine will give an adverse effect. There is not enough information known to say how much could be taken to prevent an adverse effect. There is no labeling saying what could cause an adverse effect. There are also no dosage recommendations on any of these packages. So when talking about selling Kratom to uninformed consumers, people who are looking for help and trusting sellers to do the right thing, that is not always happening. This is why the FDA continues to not approve it, there are too many unknowns.

Kratom has the addictive properties of opioids. The fact users say it

helps them stay off opioids does not diminish the addictive properties and dangerousness of this substance. That is why it should be banned. Regulation, by age or the synthetic 7OH version will not work. Pro-Kratom advocates will say they are for regulation by making it 21 plus and banning 7OH. What they fail to say is that the majority of deaths are from people older than 21, like my son, and that synthetic 7OH did not come into play until the end of 2023. There have been numerous lawsuits filed against some of their big distributors and one class action recently settled for 8.75 million. They won't tell you 33 countries already have Kratom banned and it is, to this day, illegal to import into the United States.

More importantly is that some people do not realize that when you ingest mitragynine, once it hits your liver(enzyme) CYP3A4, it breaks some of that down into 7OH. The more mitragynine you drink, the more 7OH in your body. Therefore, it is not just synthetic that can kill you but also mitragynine.

Lastly, and most importantly, most of the people who say Kratom saved their life is just opinion. There has not been one person that can produce a letter from a doctor or a certificate of proof showing Kratom saved their life. But, I have a certificate of proof, from a doctor, showing that Kratom took my son's life I just wanted to share my story to let you know that deaths are happening just from Mitragynine toxicity alone.

Thank you for your time.

Holly