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**Ordinance #251028**

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**From** Misty Brown <mistyb0512@gmail.com>

**Date** Mon 12/8/2025 9:05 AM

**To** Clerk <Clerk@KCMO.org>

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Please put my email on public record for Ordinance #251028.

From 2008 to 2019, I lived in the grip of FDA-approved pain pills, benzos, and muscle relaxers prescribed for my degenerative disc disease. For 11 years, chronic pain management fueled my addiction. What started as a dependency slowly slid into a destructive cycle of misuse and despair.

In April 2019, I was dismissed from pain management after failing a required pill count. I was 11 pills short, and my usual drug dealers didn't have the pink oxy 10s I needed. Cut off from prescriptions, I turned to the streets in desperation and eventually slipped into cocaine use while searching for another doctor.

Then, in June 2019, while suffering through cocaine withdrawal, I stumbled upon the documentary A Leaf of Faith. That single moment changed the course of my life. The very next day, I began my journey with whole-leaf Kratom, not synthetic 7OH, by walking into a smoke shop. The Kratom was in a glass case, locked up and i was carded when purchased.

Kratom quieted the relentless cravings, the constant voice whispering, one more pill, one more snort, one more escape. For the first time in over a decade, I felt peace. Kratom gave me the space and clarity to confront the deeper reasons behind my addiction and to rebuild my life from the ground up.

I have not returned to pain management in over six and a half years. Today, I am a thriving mother, a proud first-time grandmother, a functioning member of society, and a tax-paying citizen. Most importantly, I'm no longer a burden to my children. I'm an example of hope and healing.

I will forever be grateful that I found safe, lab-tested, whole-leaf Kratom. Now, I share my story, knowledge, and the science behind it to help others facing addiction, chronic pain, anxiety, and depression.

Yours truly,

Misty Brown

Kratom Consumer, Advocate & Activist est. 2019