



City of Kansas City, Missouri

Docket Memo

Ordinance/Resolution #: 260048

Submitted Department/Preparer: Health

Revised 6/10/24

Docket memos are required on all ordinances initiated by a Department Director. More information can be found in [Administrative Regulation \(AR\) 4-1](#).

Executive Summary

Accepting and Approving a \$300,000 award from the Health Forward Foundation for the continuation of the Nurse-Family Partnership (NFP) program at the Kansas City, Missouri Health Department.

Discussion

The Nurse-Family Partnership (NFP) program is an evidence-based, community health program that serves first-time, low-income mothers. Each mother served by the NFP Program partners with a registered nurse (RN) early in her pregnancy and receives bi-weekly nurse home visits that continue through her child's second birthday. Currently, the department's NFP program is staffed by five (5) Public Health Nurses and one (1) Public Health Nurse Supervisor. The maximum caseload for each nurse is twenty-five (25) clients.

The goals of the NFP program are to:

1. Improve pregnancy outcomes by partnering with expectant mothers to promote preventive health practices, including consistent prenatal care, improved nutrition, and reduction or elimination of habit-forming substances.
2. Improve child health and development by supporting families in providing safe, responsible, and developmentally appropriate care during infancy and early childhood.
3. Improve family economic self-sufficiency by helping parents plan for their future, engage in family planning, continue their education, and pursue employment opportunities.

This funding will allow the Health Department's NFP Program to continue to serve high-risk, low-income, first-time mothers who reside in Cass, Clay, Jackson, Johnson, Lafayette, Platte, and Ray counties.

Fiscal Impact

1. Is this legislation included in the adopted budget? ☐ Yes ☒ No
2. What is the funding source?
Health Grants Fund 2480-505839-G50583926
3. How does the legislation affect the current fiscal year?
Estimates and Appropriates funding
4. Does the legislation have a fiscal impact in future fiscal years? Please notate the difference between one-time and recurring costs.
No
5. Does the legislation generate revenue, leverage outside funding, or deliver a return on investment?
Leverage outside funding

Office of Management and Budget Review

(OMB Staff will complete this section.)

1. This legislation is supported by the general fund. ☐ Yes ☒ No
2. This fund has a structural imbalance. ☐ Yes ☒ No
3. Account string has been verified/confirmed. ☒ Yes ☐ No

Additional Discussion (if needed)

Click or tap here to enter text.

Citywide Business Plan (CWBP) Impact

1. View the [Adopted 2025-2029 Citywide Business Plan](#)
2. Which CWBP goal is most impacted by this legislation?
Housing and Healthy Communities (Press tab after selecting.)
3. Which objectives are impacted by this legislation (select all that apply):
 - ☐ Utilize planning approaches in neighborhoods to reduce blight, ensure sustainable housing, and improve resident wellbeing and cultural diversity.
 - ☐ Maintain and increase affordable housing supply to meet the demands of a diverse population.

- ☒ Address the various needs of the City's most vulnerable population by working to reduce disparities.
- ☐ Foster an inclusive environment and regional approach to spur innovative solutions to housing challenges.
- ☐ Ensure all residents have safe, accessible, quality housing by reducing barriers.
- ☐ Protect and promote healthy, active amenities such as parks and trails, play spaces, and green spaces.

Prior Legislation

[Click or tap here to list prior, related ordinances/resolutions.](#)

Service Level Impacts

The NFP program contributes to healthier families and more resilient communities across Kansas City by strengthening maternal and infant health outcomes, enhancing child safety and development, and increasing long-term family self-sufficiency. NFP nurses assist families in navigating complex health and social service systems. The program empowers parents to pursue goals related to education, employment, and stable housing, contributing to greater economic stability. The NFP program creates lasting multigeneration benefits by fostering strong parent-child relationships and reducing the risk of child maltreatment.

Other Impacts

1. What will be the potential health impacts to any affected groups?
The NFP program positively impacts maternal and infant health by supporting healthy pregnancies, reducing preterm births, and improving postpartum wellbeing. Participating families receive individualized education on breastfeeding, safe sleep practices, early childhood development, and other evidence-based topics that promote stronger parent-child relationships and safer home environments. Infants benefit from consistent developmental monitoring and early identification of potential concerns, allowing for timely support and intervention. Overall, the program enhances maternal health, strengthens child development, and reduces preventable health risks for families participating in NFP.
2. How have those groups been engaged and involved in the development of this ordinance?

The NFP program has been active in the KCMO community for a number of years. The program completes annual client satisfaction surveys with all clients enrolled into the program's services.

3. How does this legislation contribute to a sustainable Kansas City?
The NFP program contributes to a more sustainable Kansas City, Missouri by improving long-term maternal and child health outcomes and reducing reliance on public systems.

4. Does this legislation create or preserve new housing units?
No (Press tab after selecting)

Click or tap here to enter text.

Click or tap here to enter text.

5. Department staff certifies the submission of any application Affirmative Action Plans or Certificates of Compliance, Contractor Utilization Plans (CUPs), and Letters of Intent to Subcontract (LOIs) to CREO prior to, or simultaneously with, the legislation entry request in Legistar.

No - CREO's review is not applicable (Press tab after selecting)

Please provide reasoning why not:

No subcontracting

6. Does this legislation seek to approve a contract resulting from an Invitation for Bid?

No(Press tab after selecting)

Click or tap here to enter text.

7. Does this legislation seek to approve a contract resulting from a Request for Proposal/Qualification (RFP/Q)?
No(Press tab after selecting)